



ECSD Medical Center for Wellness

What We Treat

For more information about onsite healthcare go to www.marathon-health.com and click on "Individuals." This website has information about services, the eHealth Portal, and video success stories from people who use Marathon Health services.



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For life.

www.marathon-health.com

Our goal is to help you achieve your optimum health. To reach this goal, the ECSD Medical Center for Wellness staff is licensed to diagnose, treat, and prescribe for a wide variety of common illnesses and injuries. In addition to sick care, you have access to a full range of health assessment, coaching and disease management services — all from a convenient location at work.

Services at the center are free and available exclusively to employees, dependents

The following is a representative list of services available:

Primary Care

Athlete's foot
Bronchitis
Common cold
Constipation
Cough
Diarrhea
Ear infections/pain
Eye infections
Headache
Heartburn

Disease Management

Allergies
Arthritis
Asthma
Back pain
Chronic kidney disease
Coronary artery disease
COPD
Congestive heart failure
Diabetes
Gastric esophageal reflux disease

Nausea and Vomiting
Nosebleed
Sciatica
Sinus infections
Skin infections/rashes
Sprains, strains
Sore or strep throat
Urinary symptoms
Warts

Hypertension
Irritable bowel syndrome
Migraines
Metabolic syndrome
Obesity
Osteopenia
Peptic ulcer disease
Stroke

Prevention

Health Screenings

Blood pressure
Body Mass Index
Cholesterol
Glucose

Health Coaching

Nutrition
Physical activity
Smoking cessation
Stress management
Weight loss

Lab Services

Blood work and lab tests processed at the Center for A1C, lipid panel, fasting and random glucose, rapid strep, urinalysis, oxygen saturation levels, flu, mono, pregnancy. All other lab tests can be drawn and sent to an external lab for processing.